

Training in Mindfulness Facilitation 2018

Application Instructions

APPLICATION CHECKLIST

Please submit:

- Completed application (online form)
- A current resume / CV (via [Email](#))
- A photo (4x4 inches) for identification purposes (via [Email](#))
- Discount Application Form if necessary (located within the online application)
- Two Letters of Recommendation (online form), including one from a mindfulness or meditation teacher (to be sent separately by the person recommending)
- \$50 non-refundable application fee (see below)

Deadline: Friday October 13, 2017

Admission Notification: Monday December 4, 2017

APPLICATION PROCESS

1. Register to apply online at www.marc.ucla.edu. Submit the \$50 non-refundable application fee. All applicants must register. This will give us a record of your intention to apply and we will await your application. You can pay with a credit card or a check. Please not do send cash. Checks need to be made payable to "UC Regents"
2. Complete the online Application Form and the Recommendation Letters
3. Send in resume/CV and photo (via [Email](#))
4. We will confirm the receipt of your materials via email between October 13-20
5. You will be notified via email on Monday December 4, 2017

QUESTIONS:

1. For questions related to the **logistics** of the program, contact Rani Breslow at rbreslow@mednet.ucla.edu Phone: 310-206-7503.
2. For questions related to the **content** of the program, contact Diana Winston at diwinston@mednet.ucla.edu

Training in Mindfulness Facilitation (TMF)

PAYMENT, DISCOUNTS, CANCELLATION, AND REFUND POLICY

Program Cost and Information:

The full cost of the program is \$7,000. The cost includes tuition for the full-year training, which includes four practicums, mentorship fee including two one-hour mentorship sessions for two years following the completion of the course, conference calls, administrative fee, and evaluation. The cost does not cover travel, food, lodging, books, and any online or phone costs incurred.

Continuing Education Units (*pending*)

ACCREDITATION:

The Semel Institute is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

The Semel Institute designates this live activity to a maximum of 128 AMA PRA Category 1 Credit TM. Physician should claim only the credit commensurate with the extent of their participation in the activity.

This credit may also be applied to the CMA Certification in Continuing Medical Education.

-Social Workers and MFCC/MFTs: The Semel Institute at UCLA is an accredited provider for continuing education credits for LCSWs and MFCCs/MFTs (provider number PCE 378). This course meets the qualifications for up to 128 hours of continuing education credit for LCSWs and MFCCs/MFTs as required by the California Board of Behavioral Sciences. Board of Registered Nurse Contact Hours: The Semel Institute at UCLA is an accredited provider approved by the California Board of Registered Nursing (provider number CEP 381). Registered nurses attending this course may report up to 128 hours.

Fees: \$1,300 for the full 128 CEUs offered for the TMF program.

Discounted program fees

MARC has established a standard process of granting discounts for individuals who apply for the TMF. Discounted program fees are based on Family Adjusted Gross Income (AGI) for the preceding tax year (or, for applicants not living in the U.S., equivalent measures of annual income). All individuals considered for the TMF program may apply for a discounted program fee (the application form is included in the TMF application packet). Selection into the TMF program is made independent of an individual's application for a discount; that is, whether or not an individual has applied for a discount is not considered in evaluating applications for the TMF program itself.

Application Fee Policy

All applications include a \$50 application fee. This fee is non-refundable. Contact the MARC office to pay the fee, or you can pay online at www.marc.ucla.edu. You will have an option of paying with a credit card or a check. Please do not send cash. Checks will have to be made out to "UC Regents" and mailed to our office.

Payment*:

For those accepted into the program: Of the tuition fee, half must be paid upon acceptance to secure your place in the program. The second half must be paid by the start of the first practicum, January 25, 2018.

**Alternative payment plans may be feasible upon request.*

Cancellation Policy

If you cancel your enrollment into the program 30 days or more prior to the start of the program, you will be refunded 50% of any tuition payments you have made up until that date. If you cancel 29 days or less prior to the start date, you will forfeit any tuition payments you have made up until that point.

If you have any questions about these policies, please contact Diana Winston:
diwinston@mednet.ucla.edu